



EAC 2 : English for tourism and
hospitality : Indonesia



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I. The essentials to know

1. Introduction

In collaboration with the tour operator GAP360, we are going to tell you about Indonesian culture and cook, its landscapes and its lifestyle as well as the circuit “Bali, Lombok & Komodo” which is a magnificent trip to do for discovering this beautiful and unique country in the world.

2. Describing the destination

To beginning with the description of my country, we will introduce about the localisation. Indonesia is located on the equator and in Asia, more specifically in the southeast Asia. It is a republic with a president. There is a new president since February 2024 called Prabowo Subianto. Indonesia is not really



a country. It's an archipelago with more than 17 000 islands. The one who's the most popular is Bali, in the south of Indonesia. The flag of Indonesia has 2 linear colours : red and white.

To continue, Indonesia has 6 neighbouring countries : Malaysia, Papua-New-Guinea, East Timor, Singapore, Philippines and Australia and it's located between 2 continents



(Asia and Oceania) and 2 oceans (Indian Ocean and Pacific Ocean). Indonesia is also the fourth largest country in the world with more than 250 million of inhabitants in 2022. Jakarta is the Indonesian's capital. It's located in the Java Island.

To conclude the description, there are 3 time zone in Indonesia. The western part is UTC +7, the middle of country is UTC +8 and the eastern part is UTC +9.

3. Climate and geographical features

To begin with the climate, it is very different from Belgium because it's a tropical climate. Indonesia has not 4 seasons but there are 2 : the dry season and the rainy season. They come in in 2 different time of the year. The dry season is to April from October and the second one from November until March. The temperature depends on the islands and the landscape. To illustrate, the coast will be in average 28 °C, the inland will be around 26 °C and 23 °C in average in the higher mountain.

	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
SUMATRA	☀️	☀️	☀️	☀️	☀️	☀️	☀️	☀️	☀️	☀️	☀️	☀️
LESSER SUNDAS ISLANDS	☀️	☀️	☀️	☀️	☀️	☀️	☀️	☀️	☀️	☀️	☀️	☀️
SULAWESI	☀️	☀️	☀️	☀️	☀️	☀️	☀️	☀️	☀️	☀️	☀️	☀️
JAVA	☀️	☀️	☀️	☀️	☀️	☀️	☀️	☀️	☀️	☀️	☀️	☀️
BALI	☀️	☀️	☀️	☀️	☀️	☀️	☀️	☀️	☀️	☀️	☀️	☀️
MONSOON	☁️	☁️	☁️	☁️	☁️	☁️	☁️	☁️	☁️	☁️	☁️	☁️
DIVING IN MALUKU ISLANDS				✓	✓	✓	✓	✓	✓	✓	✓	✓
DIVING IN SULAWESI / BALI				✓	✓	✓	✓	✓	✓	✓	✓	✓
SUN AND BEACH				✓	✓	✓	✓	✓	✓	✓	✓	✓
VISITING JAVA / JAKARTA	✓	✓								✓	✓	✓



Then, we will tell you about the geographical features. Indonesia has rich features because there are 150 active volcanoes. The highest volcano in Indonesia calls the Mount Kerinci. It's located in Sumatra Island and has approximately 3800 metres in height.

To finish the features, Indonesia has the third largest forest in the world before the Amazon Forest and the Congo Forest. It covers 64 % of the continent with 120,5 million hectares of forest. There live 150 000 animal species, more than 90 000 spore plants and more than 4000 species of trees.



A fun fact about Indonesia is that there is here the biggest flower in the world. It's called the Rafflesia. The flower is located in the Indonesian rainforest.

4. Documents to bring with

We are going to speak a little about the documents, you need to bring one with when you travel in Indonesia. Here are the documents.

A passport : It's the first thing to think when you go to Indonesia. It's mandatory and this one must be valid at least 6 months after your departure date.

A visa : Indonesia propose to you an electronical visa (e-Visa) to spend your money easily there.

5. Health and hygiene precautions

Indonesia is a poor country. So, there are many precautions to have.

The first, some vaccines are recommended and other ones are mandatory. There are Hepatitis A & B, Typhoid, yellow fever, rabies, pneumonia, chickenpox and so on. For more information, please contact the tour operator GAP 360.

The second is for non-vaccines-preventable diseases. You shouldn't drink natural water but drink water in bottle. Insect's bites are frequent so as soon as you see one, disinfect it quickly.

6. Currency

To open the conversation with the currency, Indonesia has its own money. its name is Indonesian Ruphia. The value is lower



than the Euro. To illustrate, 1 € is more or less Rp17 000. You shouldn't change your

cash to the airport or in the hotel because of the hidden fees. Choose public distributor instead. You can change it in the large cities like Jakarta if you want.



To finish this part, it's recommended to have with you between 100 and 200 €. If the place that you will visit don't accept the Visa, you have a solution to pay. The local markets sometimes only accept the cash.

7. Cultural differences and lifestyle

Belgium and Indonesia are very different. Here are some cultural differences and lifestyle that you can be experiencing.

Firstly, it's about people.

- Local people smile a lot because smiling is a big respect for other ones. They will look you but it's not an offense. Sometimes you can see parents point the finger at you to his children.
- If you tell something to a local person, if he doesn't know the answer/ the way, he will never say "no" but he will laugh because society wants to avoid conflicts.
- When Indonesians have fever, they practice the Kerok. They rub a piece of metal on the belly and the back to expulse the fever.
- They wake up very early to pray (around 4 a.m.).
- During the Ramadan, a lot of Muslims spit because, for them, they are not allowed to eat saliva.



Secondly, it's for eating habits.

- Local people use their hands to eat.
- They mainly eat cold dishes and the rice is the main one. They eat it up to 3 times a day.
- After eating, they burp to express that the dish was good.



Lastly, it's for the other information.

- The Indonesians aren't warm water. It's only in hotels or rich houses or mountain villages. There isn't toilet flush.
- They take water from a pot. If you travel as a couple and you stay with somebody, you have to show a proof of marriage. It's not an official law but a social habit.

II. The original tour

1. Describing the original tour and flights

The tour operator GAP360 offers you a beautiful journey in Indonesia in group travel between 10 and 20 people and from 18 years old. The tour lasts 15 days at different prices.

At first, here is a little taste of the program. You will learn to surf, see the Lombok waterfalls, bike on beautiful beaches and stay in hotels in front of the sea and



guesthouses You also see wild

dolphins and create a basket with the weaving technique

with a local family in Lovina, visit the

Monkey forest in Ubud and eat your

breakfast during the sunrise at the top of

a volcano, snorkel with turtles in Gili Island, go to beach party, visit

old temples, The 19-days extension offers you an unforgettable

cruise getaway and sailing trip on the Komodo Island where you will

swim with manta rays and see the Komodo dragons and sleep under the stars.

Then, you will go there by plane and you'll arrive in Ngurah Rai Airport in Denpasar.

The return flight is in Ubud. The international flights are not included in the price. You

can arrive and leave at any time. About the extension, the return flight is in Labuan

Bajo in Flores Island at the morning of the 19th day.

Finally, it's not mentioned that special equipment is necessary but you should bring

some medicines for seasickness and stomach and long clothes to avoid insect bites.



2. Accommodations and meals

You are going to stay in different accommodations during the trip. Here are the accommodations with the localisation and the types of rooms that they propose.

To start this topic, the first accommodation is called Frii Hotel. It's located in Canggu in Bali. You will sleep 3 nights there. It offers you twin and double room with a swimming pool, a restaurant, bar and next to the beach.



To continue, the second one is Gayatri Private Villa. You will sleep 2 nights there in multi-share rooms and it's located in Lovina. There are Spa, swimming pool and tropical garden in this private villa.



For the third one, you have 2 choices : sleep in a guesthouse or in a Bungalow. You will sleep 3 nights in Gili Trawagan. The guesthouse is called Tir Na Nog.

Finally, the other accommodations are 2 guesthouses and 1 hotel. You will sleep 1 night in Rinjani Hotel and guesthouse in Senaru. The hotel is located to Lombok and its name is Sima Hotel Kuta and you will sleep 2 nights. The last accommodation about the 15-days trip is Ubud Inn Guesthouse and it's located in Ubud. All accommodations are next to the beach with swimming pool except Rinjani because it's a mountain guesthouse with natural surroundings but it has a swimming pool.

If you are interested by the 19-days trip, you will stay in 2 nights in the Sylvia Hotel. It's located in Labuan Bajo and the hotel is in front of the see. It proposes twin or double beds.



Then, the second accommodation is a boat. Its name is Lexxy Live. During the last day of the extension, you will sleep in a cabin. The rooms have air-con and are multi-shared. The bathrooms are shared-bathrooms.



To finish this part about accommodations, some meals are not included. There are 15 breakfast, 3 lunches dinner that are included in the circuit. Take pocket money to eat out.

3. Travel insurance

The tour operator GAP360 doesn't offer you a travel insurance for the tour but you should have one.

If you want an insurance, there is lumahealth.com. It's an online insurance and it protects you from problems related to flight, health and once there. There are a lot of option with different prices depending on what you want.



4. Activities and highlights

You will do many activities during your travel. They are separated in number of days.

To start, the first day have not activities. You arrive at the airport of Canggu. and you will go to the hotel with GAP360 staff next to the Echo beach. You can enjoy the pool and drink a cocktail to the Canggu's beach.



For the second day, you're going to visit some temples in Bali where you will make a typical Balinese offering made with leaves and coconuts. To finish the day, enjoy to the beach bars.



For the third day, you will learn to surf like a Balinese. Bali is the best destination all around the world for surfing. In the evening, you can go to the beach to drink something.

Let's go to Lovina for the fourth day to enjoy the one and only black sand beach. If you are lucky, you might see wild dolphins. The accommodation will be also changing. It's a mountain villa surrounded by rice fields. For the evening, you can enjoy to the bar and the pool.



Next, In the morning of the fifth day, take a breakfast on the beach before going on a traditional Bali boat to see dolphins as well as diving in an underwater wreck. The afternoon consists of a visit from a local family who you'll discover their daily like make weaving or homemade coffee. At the evening, return to the hotel and free time there.

You leave Lovina and you go to Gili Trawangan for the sixth day. The ferry (a boat) is necessary to go there, also called “Paradise on Earth”. It’s the biggest island of the tour. The program is to sunbathe on the most beautiful beaches of the island during the afternoon. Be energetic for the evening because Gili Trawangan is a night island.



To continue, the seventh day of this tour proposes a bike tour of the island. Polluting vehicles are not allowed to be on Gili Trawangan. Explore atypical places and stop you to enjoy the places, the view, drink, eat something, and so on.

It’s snorkelling day for the eighth day. During this beautiful day, you will see turtles, fish and many others aquatic animals. For the evening, a dance party on the sand is organized at the hotel.



Go to Lombok for the ninth day. The used transport is the boat. Lombok is more popular than Bali but it has the same landscapes. At first, you will see beautiful waterfall and then, you will go to your accommodation. It’s a mountain accommodation next to the second largest volcano of Indonesia. You have a free time during the evening.

The tenth day is a tour of Lombok where you will visit beautiful typical places, explore rice fields and unforgettable views. Your new accommodation is next to the beach.



The eleventh day is a relaxing day on the beach. You go to several beaches to just enjoy and rest. In the evening, a beautiful sunset can be looked.

Then, go to Ubud for the twelfth day. The ferry will be used for the transfer between Lombok and Bali before going to Ubud. The program is a visit of this one. It's a big and important city for Bali and there are a lot of activities and entertainment to do there like temple or vegan coffees. Your accommodation is a guesthouse with swimming pool and wellness.



to the hotel.

The thirteenth day is an exploration of Monkey Forest in Ubud. This forest has more than 700 monkeys. Watch them walk from branch to branch and visit the ruins of temples before returning

The program of the fourteenth day is very early. Get up early to climb a volcano to see the sunrise from there. The breakfast is taken on the top of the volcano. It's an unforgettable experience. Then, you come back to the hotel to enjoy a massage and relaxation.



This is the last and fifteenth day of your tour. You will return to the airport or stay in Indonesia but without the guides. For people who took the 19-days extension, you take the plane for Flores Island and you will stay at the hotel in Labuan Bajo.



To introduce the sixteenth day and the first day of the 19-days extension, take you aboard a Phinisi style cruise ship for 3 days and 2 nights to Komodo Island. The boat will stop at beautiful view and you can practice snorkelling. Rest on the boat seeing bats fly away in the evening.

You will arrive on the pink sandy beach, for the seventeenth day and the second one of the extension, which is a unique spot. Then,



observe manta rays in their natural habitat while snorkelling. You will end the day by



going to see the Komodo dragons on the only island where they are still free. You spend the night on the cruise.

It's the last day of cruise and come back to Flores and the hotel in Labuan Bajo for the eighteenth and last day where you will enjoy the last moments at the hotel with swimming pool, beach and so on.

In conclusion, for the nineteenth day is the return at the airport and the end of the circuit.

About the transport during the circuit. There is no information about transports in the brochure made by GAP360. There are only the transports between islands. Please contact GAP360 for more information about that. The mentioned transports are the ferry, the cruise and the plane.

5. What is included or not in the price

What's included in the price :

- All accommodations
- The meals (15 lunches, 3 breakfast and 3 dinners)
- Airport pick up on arrival
- Canggu beach clubs and temples
- Canang Sari making
- Bahasa lesson
- Surf lesson
- Cruise with dolphins
- Visit of the local family and basket weaving
- Gili Trawangan bike and boat tour
- Snorkel with turtles
- Island party
- Lombok village visits and beaches
- Rice terrace and viewpoints
- Monkey forest
- Sunrise volcano trek
- Traditional Balinese massage
- 24 hours emergency support
- Komodo national Park sailing trip and pink beach (19-days extension)
- Snorkelling with manta rays (19-days extension)
- Help with onward travel (19-days extension)

What is not included in the price :

- International flight
- Shuttle for the return transport
- Visa
- Insurances
- Optional meals
- Optional activities

15-days trip : £ 1,399

19-days trip : £ 1,799

III. More information

1. Is this tour responsible ?

Yes ! Indonesia is already known as an ecotourism destination. Ecotourism respects fauna and flora, human values, culture and heritage. In this trip, we take into account the environmental issues and enjoy the beauty of Indonesia to the natural.

2. Differences with Belgian tour operators

The tour operator Atalante offers a trip quite similar to ours : Beautiful views and trekking with snorkelling, and so on. The name of the circuit is “Java – Bali : la traversée par les volcans”. The itinerary doesn’t change so much : Bali and Java are the main destinations but the price changes a lot. It cost 2 495 € per person without international flights. It is possible to add a 5-days extension or more days : The 5-days extension is a balneary journey for 245 € per person.

3. Personal opinion

To star my personal opinion, I would like to say Indonesia is a country that I absolutely want to visit once in my life. My dream is to discover Asia (Japan, Indonesia, Thailand, Vietnam, North and South Korea, Taiwan, China, and so on). The circuit confirmed my choices. Then, the circuit looks beautiful and not too tiring for me : sport activities are offered but many moments of rest too. Snorkelling and hiking make me want to. To finish this file and my personal opinion, it’s totally the type of tour I could make if I go to Indonesia.

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